Study Guide for Mental Illness and Psychological Disorders Test

The test is worth 110 points. You will be asked multiple choice and true/false questions. You will also have a section on disorder identification.

Know the following:

1. When diagnosing if someone has a mental illness, what symptoms does the therapist would consider?
2. What are examples of anxiety disorders?
3. What is the relationship between obsessions and compulsions?
4. What are some examples of a compulsion?
5. What are the symptoms and who can be affected by PTSD?
6. When a man has a sudden loss of memory due to trauma or stress, he is suffering from what type of dissociative disorder?
7. When a woman relocates to another place under a whole new identity and doesn’t know why or that she did, she is suffering from what type of dissociative disorder?
8. If someone has alters, he is suffering from what type of dissociative disorder?
9. What is the most common dissociative disorder?
10. What title is given to the mental disorders in which a patient manifests psychological distress through physical symptoms?
11. In which type of depression do sufferers have hallucinations and delusions?
12. In which type of depression do people suffer so much that they cannot function normally?
13. In which type of depression do sufferers have manic and depressed phases?
14. Which type of depression typically occurs after childbirth?
15. Which type of depression typically occurs in the winter?
16. Define psychological disorders
17. Define Typicality.
18. Know what a phobia is.
20. Agoraphobia is the fear of what?
21. In order for someone to receive treatment for anxiety, how long must the anxiety last?
22. Know the difference between obsessions and compulsions.
23. What disorder is characterized by the separation of certain personality components?
24. What is causes dissociative amnesia?
25. How does a schizophrenic’s brain compare to a normal one?
26. When someone experiences a dissociative fugue, what happens?
27. What is the most common dissociative disorder?
28. How do alters in DID differ from each other?
29. What do Hypochondriacs do and believe?
30. How do people who have catatonic schizophrenia behave?

Flip your paper over
**Which disorder?** – Read the following symptom description and identify the correct psychological disorder for each item. The disorders will only be used once.

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<td>Dissociative Fugue</td>
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1. Nick tends to be suspicious of others. He often feels that others are out to get him, and he frequently finds himself in arguments when defending his correct beliefs to all of the doubters. He desires to move away and live in a cabin in the woods.
2. Lance tends to save useless objects. His home is full of his collections. He spends hours organizing and straightening his newspapers, can labels, and pebbles. He can barely walk though his living room due to all of his precious objects.
3. Sarah witnessed a car drive off a bridge when she was a child. All the occupants inside passed away, including three children. Sarah often has nightmares about being in the car with the children, and she worries when she drives over water.
4. Jordan never keeps a boyfriend for long. She will often break-up with one if he gets serious, or she will do something to make him break-up with her. She feels that she is not worthy of anyone's love.
5. Fabian is an 18 year old male, but sometimes he acts like an 80 year-old woman named Stella who loves bingo. He also has an alter named Joey who is 4 and Australian.
6. At times, Perry never shuts up. He will physically bounce around and then begin to rant about topics that no one else understands. However, he will also have periods where he doesn't want to leave his home or get out of bed.
7. Michelle is a perfectionist. She is extremely neat and organized. She will often redo tasks that she has already completed in order to make them better. She likes to make all of the plans when she goes out with her friends because there are only certain places that she likes to eat and because she wants to insure that she will be able to do what she wants to do.
8. Clark is loud and obnoxious. He constantly disrupts class as instructions are being given. He will easily take other people's things and keep them as his own. He doesn't care that he gets in trouble for fighting or swearing because he believes that the rules do not apply to him.
9. Jesse worries about everything. She worries that she will not have enough money to pay her bills, that her boyfriend will break up with her, and that her future children will not be successful. Her thoughts are consumed with various worries. These thoughts usually last for months at a time.
10. Kim tends to over-react emotionally. She makes small problems into big problems. She loves to share her emotions, opinions, and problems with anyone who would listen.
11. Adam is a very successful businessman. He is clean, polished, and popular. He makes sure that he well-groomed and wears designer suits. He flaunts his good looks and wealth, and he seeks compliments from others. He also checks his reflection in the mirror often. He has suggested that his current girlfriend should have plastic surgery in order to look as good as he does; he is baffled that she is angry at him.
12. Greg woke up one morning thinking that he was a different person. Tom moved around from place to place and had no recollection of Greg. Several months later, Greg showed up at his mother's house. He had a shaved head and a tattoo that read "Tom loves Amy." He had no memory of where he had been or who Amy and Tom were.
13. Ray appears to be painfully shy and withdrawn. He wants to make new friends but he does not know how.
14. Brian has frequent delusions and hallucinations that have no pattern or connections. His speech is impaired, and communicating with him is very difficult. His thoughts are disorganized and disconnected.
15. Gilbert woke up one morning and could not move his left arm. He went to many different doctors and specialists, but they could not find a medical reason for his paralysis.
16. Eva goes to the doctor's office often. They can never find anything wrong with her, but she insists that she is ill.
17. Eric has begun to hear voices in his head. The voices are telling him that the three elves on the front of Rice Krispies box are actually government spies. He is now afraid to open the cereal cupboard.
18. Maria is terrified of stink bugs. If she sees one in a room, she will not enter it. She knows her belief that they will attack her is silly, but she can't shake those feelings.
19. Reed is fascinated by fire. He likes the way the flames move and dance. He can't help himself, but he has to play with matches.
20. Katie has shaved her head and eyebrows. She has begun to ingest small amounts of household chemicals that give her the appearance of being sickly and weak. She has told her family that she has cancer.